Weekly Activities at the Manor

Monday November 16

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Resident Meeting (Fireside Lounge)
2:30 Chair Line Dance with Gina (Dining Rm.)





Tuesday November 17

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
12:45 Bus to Shopping Mall (Meet at Entrance)
2:30 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Wednesday November 18

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Self-Serve Afternoon Snacks (Dining Rm.)



Thursday November 19

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
2:00 Ears to You Hearing Presentation (Fireside Lounge)
2:15 Self-Serve Snacks (Dining Rm.)



Friday November 20 - Happy Birthday Peggy Newberry!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage Group (Dining Rm.)
1:15 Game with Jenni (Fireside Lounge)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)





Saturday November 21

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Don (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)





Sunday November 22

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

NOVEMBER 16 TO NOVEMBER 22, 2026

Hearing Presentation

Thursday afternoon we are hosting an informative presetation about ear health and hearing called 'Ears to you hearing presentation'.

Topics that will be covered are:
-How the ear works
-Effects of untreated hearing loss
-Social impacts of hearing loss
-Hearing technology advancements
-Hearing clinics



Hope you can join us!

Thursday Nov. 19th at 2:00 PM

Tuesday Shopping

The bus will be taking residents over to the shopping mall on Tuesday after lunch.
Sign-up on Tuesday morning if you would like to come.
Please be prepared to shop indipendantly or arrange to have a friend or family member meet you there.

Resident Meeting

Our latest Resident Meeting is happening on Monday after lunch. Join us in the Fireside Lounge at 1:30 PM.
These meetings are for all residents and provide an opportunity for you to hear about current events, to ask questions and share comments or concerns. We hope you can join the meeting.

Monday @ 1:30 PM



Chair Line Dancing

Gina is back on Monday to do some chair line dancing with us! The last session was very fun and a fit for all levels. You can simply enjoy the music, tap your hands and feet or try the different moves!

Come down and have some laughs with us!

Monday at 2:30 PM

