

Weekly Activities at The Manor

Monday February 3

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 2:00 Wine & Chocolate Tasting (Dining Rm.)



Tuesday February 4

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 11:00 Drop-In Art (Fireside Lounge)
- 12:45 Bus Trip to Town Center Mall (Meet at Entrance)
- 2:30 Afternoon Snacks & Picture Trivia (Fireside Lounge)



Wednesday February 5

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Bingo with Jenni (Dining Rm.)
- 2:15 Afternoon Snacks & Music by Carolyn (Dining Rm.)



Thursday February 6

- 9:15 Morning Coffee & Snacks (Dining Rm.)
 - 10:00 Exercise Class (Dining Rm.)
 - 11:00 Drop-In Art (Fireside Lounge)
 - 2:00 1950s Nostalgia Party (Dining Rm.)
- *Snacks served at party



Friday February 7

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Cribbage with Rae, Nan & Lorraine (Dining Rm.)
- 2:30 Afternoon Snacks & Social Time (Dining Rm.)



Saturday February 8

- 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
- 1:15 Bingo with Saskia (Dining Rm.)
- 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday February 9

- 9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Feb. 3 to Feb. 9, 2025



Wine & Chocolate Tasting

Do you like wine and chocolate? Join us in the dining room on Monday afternoon for a wine & chocolate tasting. We will pair 3 wines and 3 chocolates.

We will have non-alcoholic wines available as well.

**Monday Feb. 3rd
2:00 PM**



Cutting Flowers in Gardens

The topic of cutting flowers from the courtyard gardens was raised recently.

We ask that residents please refrain from cutting any flowers growing in the courtyard gardens. This is for two reasons. The first being that it is unsafe for residents to be reaching or stepping into the gardens to cut flowers. And the second reason is, if the flowers are left in the gardens, they can be enjoyed by everyone who walks in the courtyard.

For those who do like to have cut flowers on their tables, in the Spring Jenni will plant some 'cutting flowers' in the large garden boxes for residents to cut and enjoy. We ask that flowers are only cut from the designated box and not from residents' personal garden boxes (unless of course the resident owning the flowers chooses to cut them).

If you have any questions or would like clarification, please see Jenni D. from the Activity Department.

1950s Nostalgia Party

Just for fun we are heading back to the 1950s on Thursday. Join us in the dining room after lunch for some activities and snacks with a '50s twist!

Break out your pearls, polka-dots and bobby socks.

Hope you can join us for this fun afternoon theme party!



Bus to the Mall

We are heading to the Mall on Tuesday for shopping.

