

Weekly Activities at The Manor

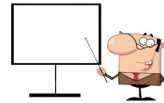
Monday May 5 - Happy Cinco de Mayo!

- 9:00 COVID Booster Shots for 3rd Floor
- 9:45 COVID Booster Shots for 2nd Floor
- 10:15 COVID Booster Shots for 1st Floor
- 1:30 Armchair Travel to Mexico (Fireside Lounge)
- *Mexican inspired snacks will be served during the armchair travel activity
- 3:00 Exercise Class (Dining Rm.)



Tuesday May 6

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Group Games with Bob (Fireside Lounge)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)
- 2:45 Resident Meeting (Fireside Lounge)



Wednesday May 7

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Bingo with Jenni (Dining Rm.)
- 2:15 Afternoon Snacks & Music by Carolyn (Dining Rm.)



Thursday May 8

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 12:00 High Tea Lunch in honour of Mother's Day (Dining Rm.)
- 2:15 Mother's Day Social with Games & Reminiscing (Dining Rm.)
- *snacks to be served at the social



Friday May 9

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Cribbage with Rae & Nan (Dining Rm.)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday May 10

- 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
- 1:15 Bingo with Diane & Paul (Dining Rm.)
- 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday May 11 - Happy Mother's Day!

- 9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)



The Manor Weekly

May 5 to May 11, 2025



COVID Booster Shots

The latest round of COVID Booster Shots will be given on Monday morning.

The shots are free and you don't need to bring ID or Care Card.

To avoid a long wait, please come down at the time listed below, according to the floor you live on:

- 9:00 - 3rd Floor Residents
- 9:45 - 2nd Floor Residents
- 10:15 - 1st Floor Residents



Armchair Travel to Mexico - in celebration of Cinco de Mayo!

Monday is the Mexican celebration of Cinco de Mayo. Join Jenni & April after lunch for a special edition of Armchair Travel. We will explore the culture, food and geography of Mexico with a special guest joining us to share her Mexican heritage with us!

**Monday May 5th
1:30 PM**



Mother's Day!

Sunday May 11th is Mother's Day! We are celebrating Mother's Day with our activities on Thursday. We hope you can join us for these special functions.

Thursday May 8th

12:00 - High Tea Lunch

Staff are putting on a special lunch for everyone. It will be a High Tea! Please feel free to dress in your best and enjoy a fancy lunch.

2:15 - Mother's Day Social

Jenni & April will host a group social with games, poems, songs and some reminiscing of our mother's and being mothers.



Welcome!

We would like to extend a very warm welcome to our three newest residents.

Mo Johnson
Lisa Adams
Dorothy Hadwick



We are so happy to have you here!