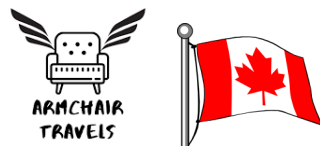


## Weekly Activities at The Manor

### Monday June 15

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Armchair Travel across Canada (Fireside Lounge)  
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### Tuesday June 16

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 2:00 Birthday Party (Dining Rm.)



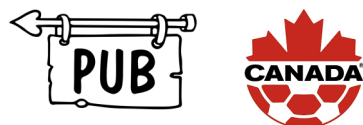
### Wednesday June 17

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:15 Bingo with Jenni (Dining Rm.)  
 2:30 Self-Serve Afternoon Snacks (Dining Rm.)



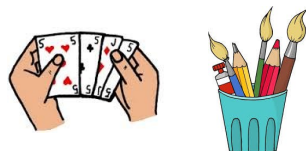
### Thursday June 18 - Happy Birthday John!

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 2:00 Father's Day Pub Social (Dining Rm.)  
 3:00 World Cup Soccer: Canada vs. Qatar (Fireside Lounge)



### Friday June 19

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:15 Cribbage with Rae & Nan (Dining Rm.)  
 1:30 Drawing and Colouring with Jenni (Dining Rm.)  
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### Saturday June 20

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)  
 1:15 Bingo with Darlene (Dining Rm.)  
 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### Sunday June 21 - Happy Father's Day!

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

# The Manor Weekly

## June 15 to June 21, 2026



### Happy Birthday!

We are celebrating our June and July Birthdays on Tuesday! We have only one July birthday and it is at the beginning of the month so we celebrating them all together! We are wishing a Happy Birthday to:

Rose S. - June 11th  
 John V. - June 18th  
 Filomena T. - June 22nd  
 Don C. - July 2nd



Join Jenni D. and Jenny McMaster for cake on Tuesday at 2:00.

### Pub Social for Father's Day

In celebration of Father's Day we are having a Pub Theme Social!

Join Jenni for a mug of beer or glass of wine, savoury snacks, games and music!

We will also be showing the Team Canada World Cup Soccer match on the big screen starting at 3:00.



**Thursday  
2:00 PM**



### Walkers in the Dining Area

At the resident meeting on June 11th, we talked about having walkers in the dining room during mealtimes. Walkers pose a hazard for both residents and employees. Our staff are often finding it difficult to navigate through all of them, and a recent resident injury has shown the severity of the consequences.

Starting on Monday, June 15th, we will not allow walkers to stay in the dining room during meals. All walkers will have to be moved to the lounge or into the hallway with the ramp. They cannot go next to the wall around the outside of the room. Staff will remove the walker and bring it back to your table when you ask for it at the end of your meal. There will be no exceptions.

It will help our staff if you have an identifying tag on your walker – your name or a unique object to distinguishes it from others. It will make the process faster for all.