

Weekly Activities at the Manor

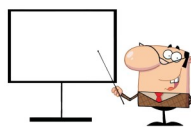
Monday, May 22 - Happy Victoria Day!

- 9:15 Self Serve Coffee & Snacks (Dining Rm.)
- 1:00 Bingo with Darlene (Dining Rm.)
- 2:15 Self Serve Snacks & Social Time (Dining R.)



Tuesday, May 23

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Group Games with Bob (Dining Room Lounge)
- 2:30 Afternoon Snacks & Social Time (Dining R.)



Wednesday, May 24

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Bean Bag Toss (Dining Rm. Lounge)
- 2:15 Tea in the Garden (Courtyard)



Thursday, May 25

- 9:15 Morning Coffee & Snacks (Dining Rm.)
 - 10:00 Exercise Class (Dining Rm.)
 - 1:30 Reminiscing Social (Dining Rm.)
 - 2:15 Music & Happy Hour with Darlene (Dining Rm.)
- *Afternoon snacks will be served during the music.



Friday, May 26

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Courtyard Patio)
- 1:00 Cribbage with Rae & Nan (Dining Rm.)
- 2:15 Afternoon Snacks & Social Time (Dining R.)



Saturday, May 27

- 9:15 Self Serve Morning Coffee & Snacks (Dining Rm.)
- 1:00 Bingo with Diane & Paul (Dining Rm.)
- 2:15 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday, May 28

- 9:15 & 2:15 Self Serve Snacks (Dining Rm.)
- 2:15 Music Tribute to Gordon Lightfoot (Dining Room Lounge)



The Manor Weekly

May 22 to May 28, 2023



Office Closed

Monday is the Victoria Day Statutory Holiday. The office will be closed and will re-open on Tuesday at 9:00am.

Welcome!

We are very happy to welcome Linda Dupuis to our staff team. Linda is our new Executive Assistant in the front office. Her hours are Wednesday, Thursday & Fridays from 9-4:30. Please pop in and say hello to Linda!

Welcome

Glorious Gardens

Our Courtyard gardens are looking absolutely fabulous right now! We are so fortunate to have the beautiful courtyard space that we do. If you have not had a chance to get out there and admire them, we encourage you to go out there.

The space is always open to tenants and family or friends. It makes a lovely space to visit. We encourage you to invite a friend over for a garden visit!



Music Tribute to Gordon Lightfoot

Darlene S. has prepared a music tribute to legendary Canadian music artist Gordon Lightfoot. Join Darlene in the Dining Room Lounge on Sunday to enjoy some of Gordon's greatest hits.

**Sunday May 28th
2:15 pm**

Bingo

Bingo will be Monday and Saturday this week as Darlene is going to call it on the holiday Monday. We will resume our Wednesday Bingo next week.

Reminiscing Social

We will continue again this week, with our reminiscing social on Thursday after lunch. Join us to talk about the old days and get to know one another better.

Thursday May 25th at 1:30