

Kiwaniis Garden Manor Weekly Menu						
Monday August 11	Tuesday August 12	Wednesday August 13	Thursday August 14	Friday August 15	Saturday August 16	Sunday August 17
Morning Coffee & Snack @ 9:15 am: Yogurt, Muffins and Fruit						
LUNCH @ Noon						
Cream of Bacon & Potato * Lasagne Soup ---- Turkey Sandwich * Mushroom Omelette	Cream of Chicken * Vegetable ----- Egg Salad Sandwich * Ham & Cheese Sandwich	Cream of Tomato * Split Pea ----- Grilled Cheese Sandwich * Fruit, Yogurt & Soda Bread	Corn Chowder * Beef Barley ----- Chicken Salad Sandwich * Veggie Sandwich	Potato Leek * Garden Vegetable ----- Fried Egg & Tomato Sandwich * Tuna Sandwich	Navy Bean * Lemon Chicken Soup ----- Devilled Ham Sandwich * Chef Salad	B R U N C H Fresh Fruit, Porridge, Bacon, Sausage, Scrambled Eggs, Hash Browns and Toast. ---- Feature: Poached Eggs
Afternoon Tea & Snack @ 2:15 pm: Cookies and Fresh Fruit						
DINNER @ 5:00 pm						
Green Salad Orange & Melon Salad	Green Salad Creamy Cucumber Salad	Green Salad Watermelon Salad	Green Salad Tomato & Avocado	Green Salad Pasta Salad	Green Salad Coleslaw	Green Salad Caesar Salad
House Salad with Chicken Breast * Bratwurst with Onions	Poached Cod * Chicken Cordon Blue Casserole	Beef Stew with Dumplings * Salmon Florentine (creamy spinach sauce)	Teriyaki Chicken * Breaded Pork Cutlet	Almond Sole * Grilled Ham Steak	Veal Cutlets & Gravy * Turkey Tetrizzini (creamy mushroom sauce)	Sunday Roast Dinner Roast Beef & Yorkshire Pudding
Mashed Sweet Potato	Roasted Potatoes	Scallop Potatoes	Fried Rice	Nugget Potatoes	Mashed Potatoes	Mashed Potatoes
Roasted Root Veggies	Roasted Zucchini	Red Cabbage	Asparagus	Carrots	Corn	Peas
-	Carrots	Peas	Cauliflower	Broccoli	Baby Beets	Carrots
Ice Cream Sandwich	Vanilla Pudding & Fresh Fruit	Danish Pastry	Brownie	Raspberry Pudding	Banana Split	Blueberry Pie
ALTERNATE CHOICES: A limited menu is also available consisting of: poached, scrambled eggs or cheese omelette, fruit with yogurt or sandwich with available filling.			BEVERAGE CHOICES: Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice, or apple juice.		DIETARY RESTRICTIONS: Please discuss with kitchen staff if you have any dietary restrictions or requests.	

Week 6