

## Weekly Events at the Manor

### **Monday, January 17 - Happy Birthday Lilliana!**

9:15 Morning Coffee & Snacks (Dining Rm.)  
1:00 Bingo! (Dining Rm.)  
2:15 Afternoon Snacks & Social Time (Dining Rm.)  
3:15 Walking Group - meet by the front entrance

### **Tuesday, January 18**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class & Brain Teasers (Dining Rm.)  
1:30 Group Games with Bob (1st Floor Lounge)  
2:15 Music Requests & Happy Hour (Dining Rm.)  
3:15 Walking Group - meet by the front entrance



### **Wednesday, January 19**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Group Crossword Puzzle on the White Board (Dining Rm.)  
2:15 Birthday Cake & Social Time (Dining Rm.)  
3:15 Walking Group - meet by the front entrance



### **Thursday, January 20**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class & Brain Teasers (Dining Rm.)  
1:00 Bingo! (Dining Rm.)  
2:15 Afternoon Snacks & Social Time (Dining Rm.)  
3:15 Walking Group - meet by the front entrance

### **Friday, January 21**

Snacks @ 9:15am & 2:15pm  
1:30 Cribbage with Rae (Dining Rm.)

### **Saturday, January 22 - Happy Birthday Wendy!**

Self Serve Snacks @ 9:15am & 2:15pm

**Sunday, January 23-** Self Serve Snacks @ 9:15am & 2:15pm

## **The Manor Weekly**

Jan. 17 to Jan. 23, 2022



### **Happy Birthday!**

We are wishing a very Happy Birthday to two of our tenants this week!

Lilliana Del Giudice on Monday and Wendy Fjeld on Saturday!

We will also be having Birthday Cake for all our January Birthdays this Wednesday. Join us for cake at 2:15pm in the dining room.

**HAPPY BIRTHDAY**

### **Cribbage with Rae on Fridays**

We now have a volunteer to lead cribbage on Friday afternoons! Rae Fitzgerald will be here and ready to play. Join her in the dining area to play some cards!

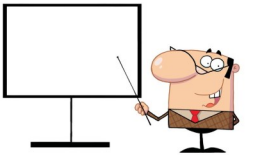
**Friday  
Jan. 21st at  
1:30pm**



### **Group Games with Bob**

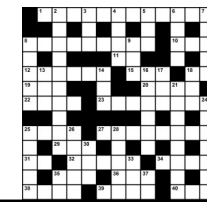
Volunteer Bob Duggan will be here on Tuesday to lead some group games & trivia.

**Tuesday  
Jan. 18th  
At 1:30pm**



### **Group Crossword Puzzle**

Jenni will lead tenants in doing a large crossword puzzle on the white board this Wednesday after lunch.



**Wednesday  
January 19th**

### **Walking & Wheeling Group!**

Join us everyday Monday-Thursday at 3:15pm.

On nice days we will walk outside, on rainy days we will walk inside. All abilities are encouraged to join!