

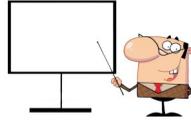
## Weekly Activities at The Manor

### **Monday March 23 - No Activity Staff Today**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm)  
2:15 Self-Serve Afternoon Snacks (Dining Rm.)

### **Tuesday March 24 - No Activity Staff Today**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm)  
1:30 Group Trivia Games with Bob (Fireside Lounge)  
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



### **Wednesday March 25 - April here for Activities**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Chair Dancing Exercise Class (Dining Rm.)  
1:15 Bingo with Annie (Dining Rm.)  
1:15 Origami with April & Hiromi (3rd Floor Meeting Room)  
2:30 Afternoon Snacks & Social Time (Dining Rm.)



### **Thursday March 26 - April here for Activities**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Chair Dancing Exercise Class (Dining Rm.)  
1:30 Easter Cookie Decorating with April (Dining Rm.)  
2:30 Afternoon Snacks & Social Time (Dining Rm.)



### **Friday March 27 - No Activity Staff Today**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm)  
1:15 Cribbage with Rae & Nan (Dining Rm.)  
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



### **Saturday March 28**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm)  
1:15 Bingo with Diane (Dining Rm.)  
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### **Sunday March 29**

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

# The Manor Weekly

Mar. 23 to Mar. 29, 2026



## Activities Schedule

This week the Activities schedule will differ a bit as Jenni is on holidays for the week. April will be working the Activity shifts on Wednesday and Thursday.

Instead of our regular morning exercise class, on Wednesday and Thursday, April is leading a chair dancing class. This is a very easy and fun gentle movement class. Open to everyone. Come and join the group, have some fun moving to music!

## Games with Bob

Bob Duggan will be here to lead group trivia games on Tuesday afternoon. Come by to participate or just to watch! Tuesday at 1:30

## Easter Cookies with April

Join April on Thursday afternoon to do some Spring/Easter cookie decorating.

**Thurs. at 1:30 PM  
Dining Room**



## Origami - Paper Folding

April and Hiromi (from Building Services) will be leading a paper folding activity on Wednesday. Origami is the Japanese art of paper folding to make various shapes like animals or other objects.

Join them on the 3rd floor after lunch at 1:15 on Wednesday Mar. 25th



## Easter Activities

Easter is coming up and we have some nice activities planned for you.

### **Thursday March 26th**

Easter Cookie Decorating with April

### **Monday March 30th**

Decorating a Swedish Easter Tree - to symbolize renewal, hope and the coming of Spring.

### **Thursday April 2nd**

Festive Easter Lunch with Easter Bonnet Parade

### **Sunday April 5th**

Easter Dinner

