

Weekly Activities at The Manor

Monday August 11

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Group Jeopardy Game (Fireside Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Tuesday August 12

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Making Jam (Dining Rm.)
2:15 Self Serve Afternoon Snacks & Social Time (Dining Rm.)



Wednesday August 13

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:15 Afternoon Snacks & Sing-a-long with Carolyn (Dining Rm.)



Thursday August 14

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Crafts - Making Sunflowers (Fireside Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Friday August 15

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
2:15 Afternoon Snacks on the Patio (Courtyard Patio)



Saturday August 16

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Diane & Paul (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday August 17

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Aug. 11 to Aug. 17, 2025



Personal Services

As of September 1st, we are changing a few fees as costs continue to rise since COVID. Personal laundry service will be \$12.60 (including GST) and the tray delivery service will be \$8.00. The refundable deposit for an extra key fob will be \$15.00.

New fees include copies (black and white - \$0.25 / color \$0.75 per page) and faxing (\$2.00 per page). Ask someone in the office to assist you if you need these services.

Making Jam

It's fruit & berry season! On Tuesday after lunch, join Jenni to make two different types of jam.

The jams will be given out to at our Farmer's Market event on August 27th.



Craft Group

As we move into the second half of the summer season, we welcome the beautiful sunflowers, known to bloom this time of year.

At our Thursday craft group will make hanging sunflowers to display on our bulletin board in the main hallway.

We hope you can join us for this easy and fun craft project.

**Thursday Aug. 14th
1:30 PM**



Farmer's Market Event

Our second large summer event will be taking place in a couple of weeks on August 27th.

Jenni is organizing an afternoon Farmer's Market in our Courtyard.

There will be tables with various items for free or for sale such as fruit, flowers, crafts, baking and jewellery.

There will be snacks, music, games and more! Friends and family welcome!