

Weekly Activities at The Manor

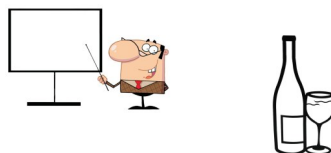
Monday November 3 - Happy Birthday Debbie!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Biography: The life of Jane Goodall (Fireside Lounge)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Tuesday November 4

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Group Games with Bob (Dining Rm.)
2:15 Afternoon Snacks & Happy Hour (Dining Rm.)



Wednesday November 5

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Music Sing-a-long & Afternoon Snacks (Dining Rm.)
3:00 Shuffleboard (2nd Floor Library)



Thursday November 6

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Armchair Travel to Kenya (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Friday November 7 - Happy Birthday Anna!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage (Dining Rm.)
2:00 Afternoon Snacks & Social Time (Dining Rm.)



Saturday November 8 - Happy Birthday Ann!

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Diane & Paul (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday November 9

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Nov. 3 to Nov. 9, 2025



Biography Session

On Monday afternoon we will have a look into the life and work of Jane Goodall. Join Jenni after lunch to learn about this fascinating human who made her life's work in education and protection of Chimpanzees.

**Monday Nov. 3rd
1:30 PM - Fireside Lounge**



Armchair Travel

We are jetting off to Kenya this month!

Join Jenni on Thursday afternoon for a look into the history, culture and geography of the African nation on Kenya.

The presentation will include talking, videos and food! Hope you can join us!

**Thursday at 1:30 PM
Fireside Lounge**



Happy Hour

Tuesday afternoon snacks will include Happy Hour! Attendees can purchase a glass of wine or beer to enjoy in the dining room. The cost is \$4.00 per glass.

Jenni will be taking requests for background music as well!

Hope you can join us!



**Tuesday Nov. 4th
at 2:15 PM**

HAPPY
HOUR

Group Games with Bob

Bob Duggan will be here on Tuesday afternoon to lead group trivia games.

Thursday Nov. 4th - 1:30 PM

Remembrance Ceremony

On Monday Nov. 10th at 10:30 AM we will be having a ceremony of Remembrance in our dining room.

Members of the Legion as well as the Academy of Music Men's Choir will be leading the ceremony.