

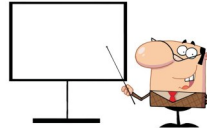
Weekly Activities at The Manor

Monday July 8

9:15 Morning Coffee & Snacks with Keiko (Dining Rm.)
2:15 Afternoon Snacks & Social Time with Keiko (Dining Rm.)
*No morning exercises or afternoon activity as Jenni is away today

Tuesday July 9

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Group Games with Bob (Dining Rm. Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



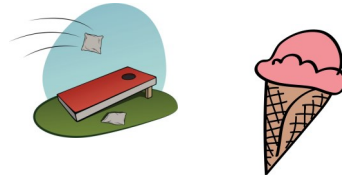
Wednesday July 10

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Jenni (Dining Rm.)
2:15 Afternoon Snacks & Music by Carolyn (Dining Rm.)



Thursday July 11

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Bean Bag Toss on the Patio (Courtyard)
2:15 Ice Cream Social (Courtyard)



Friday July 12

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
2:15 Tea & Talk in the Garden (Courtyard)



Saturday July 13

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Saskia (Dining Rm.)
2:30 Afternoon Snack Time with Jo & Nena (Dining Rm.)



Sunday July 14

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

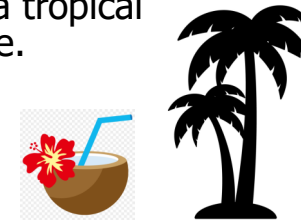
July 8 to July 14, 2024



Save The Date

Wednesday July 24th will be a Hawaiian Theme Day! Our lunch and afternoon activities will all center around a tropical Hawaiian theme.

We hope you will join in the fun!



Bean Bags & Ice Cream Social

Join us in the courtyard on Thursday afternoon for a game of bean bag toss and an ice cream social to follow.

We will be serving up cones, root beer floats or sundaes.

Thursday July 11th

1:30 - Bean Bag Toss
2:15 - Ice Cream Social

Group Games with Bob

Volunteer Bob Duggan will be here to lead some group trivia games on Tuesday.

Join to play or just to watch!

Tuesday July 9th
1:30 PM
Dining Room Lounge

July Birthday Cake

We will be celebrating our July Birthdays on Monday July 15th.

We will be celebrating Sam and Carolyn this month!

Picnic to Willingdon Beach

We have a full bus for our Picnic happening on Wednesday July 17th!

Lunch will be provided by our kitchen. Jenni will be bringing all supplies needed for lunch as well as a table to sit at.

Tenants will need to bring a walker to sit on. We will be on the cement under the Rotary Pavilion, which will also provide us with shade.

