

## Weekly Activities at The Manor

### Monday June 8

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Group Games with Jenni (Fireside Lounge)  
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### Tuesday June 9

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 12:45 Bus to Shopping Area (Meet at Entrance)  
 2:15 Self-Serve Afternoon Snacks (Dining Rm.)  
 3:00 Group Trivia with Jenni (Fireside Lounge)



### Wednesday June 10

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:15 Bingo with Susan (Dining Rm.)  
 2:30 Self-Serve Afternoon Snacks (Dining Rm.)



### Thursday June 11

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Resident Meeting (Fireside Lounge)  
 2:30 Afternoon Snacks & Social Time (Dining Rm.)



### Friday June 12

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:15 Cribbage with Rae & Nan (Dining Rm.)  
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### Saturday June 13

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)  
 1:15 Bingo with Phil (Dining Rm.)  
 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### Sunday June 14

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

# The Manor Weekly

June 8 to June 14, 2026



## Resident Meeting

Our monthly Resident Meeting is being held on Thursday at 1:30 PM.

These meetings are for all residents and provide an opportunity to hear about current events. They also are a good time to ask questions or share concerns. We hope you will join us.

**Thursday June 11th  
1:30 PM**



## Bus to Shopping

The Kiwanis Bus will be shuttling folks to the shopping mall on Tuesday. Please sign-up on Tuesday morning if you would like to come. Bus leaves at 12:45 and returns at 2:30.



## Save the Date

We will be celebrating our June Birthdays on Tuesday June 16th.

## PRISMA Music Festival

The PRISMA Music Festival (Pacific Region International Summer Music Association) takes place in our community this year between June 15th and 27th. As we are located so close to the complex, we will have some musicians practicing in the Library (2nd Floor) and Meeting Room (3rd Floor) during the afternoons on weekdays.

The musicians are just practicing during these sessions, so they'll have the doors closed and we ask that you not disturb or interrupt them.

In return for using our space to practice, they have agreed to give us a concert on the afternoon of June 25th, so please plan to attend our own private concert of excellent classical music! This concert is just for residents and employees as PRISMA provides plenty of other opportunities for the public to participate.

