

Weekly Activities at The Manor

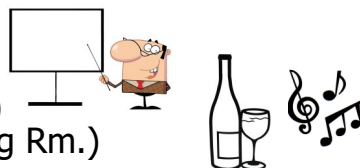
Monday February 2 - Happy Birthday Mo!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Moneyball Table Top Bowling (Fireside Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Tuesday February 3

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Group Trivia Games with Bob (Fireside Lounge)
2:15 Afternoon Snacks & Musical Happy Hour (Dining Rm.)



Wednesday February 4

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)
3:00 Shuffleboard (2nd Floor)



Thursday February 5

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Baking Group - Valentine goodies (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Friday February 6

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday February 7

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Darlene (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday February 8

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Feb. 2 to Feb. 8, 2026



Moneyball!

Join us on Monday afternoon for a fun and easy game called moneyball. It is a version of table top bowling and everyone can play.

If you manage to get the ping pong ball into the cups at the end of the table, you win either chocolates or a loonie if you get it into the middle cup!

Monday Feb. 2nd
1:30 PM



February Special Events

Here are the dates of some special things happening this month:

Monday Feb. 9th - Birthday Cake & Recognitions for February

Thursday Feb. 12th - Kindergarten Class from the French School coming to visit

Friday Feb. 13th - Valentine's Day Social

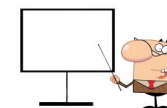
Tuesday Feb. 17th - Chinese New Year celebration

Thursday Feb. 26th - Alice Dice 100th Birthday Party!

Group Games with Bob

Bob Duggan will be here on Tuesday to lead group trivia games. Come and join to play or just to watch.

Tuesday Feb. 3rd
1:30 PM



Happy Hour and Music

Join us in the Fireside Lounge on Tuesday afternoon for Happy Hour and music on the big screen.

Jenni will be serving beer or wine (\$3/ glass) and taking your music requests on the Big TV.



Tuesday Feb. 3rd
2:15 PM



Baking Group

Thursday after lunch we will be baking some valentine themed treats. We bake as a group and we welcome bakers and taste testers!

Thursday Feb. 5th
1:30 PM
Dining Rm.

