

Weekly Activities at The Manor

Monday August 24

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
2:00 Blackberry Social (Dining Rm)
*Afternoon snack service will be during the social



Tuesday August 25

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
2:00 Live Music with No Big Deal (Dining Rm.)
*Afternoon snack service will be during the music



Wednesday August 26

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



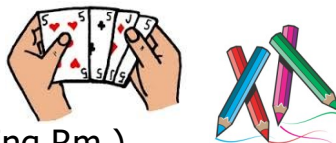
Thursday August 27

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Resident Meeting (Fireside Lounge)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Friday August 28 - No Exercises Today

9:15 Morning Coffee & Snacks (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
1:30 Self-Led Colouring & Drawing (Fireside Lounge)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Saturday August 29

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Darlene (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday August 30

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Aug. 24 to Aug. 30, 2026



Resident Meeting

Thursday afternoon we will have our monthly Resident Meeting. These meetings are open to all residents and provide an opportunity to ask questions, and/or share concerns. It's also where to hear about current events happening about with the building and the various departments.

We hope that you will join us.

**Thursday Aug. 27th
1:30 PM
in the Fireside Lounge**



Live Music Tuesday

On Tuesday afternoon the band No Big Deal will be here to play for us. Please come and enjoy the music!

**Tuesday August
25th
2:00 PM**



Blackberry Social

Join us on Monday afternoon for a Blackberry themed social. Jenni will be serving some blackberry treats and we will reminisce and share stories of summertime.



**Monday August 24th
2:00 in the Dining Room**

Save the Dates in September

Here are some dates to make note of for Activities scheduled in September:

Monday Sept. 14th at 2:00 PM
Wine Tasting Event

Sunday Sept. 20th at 2:00 PM
Monthly Church Service with Bob & Friends

Monday Sept. 21st at 2:00 PM
Sin-a-long with Trish & Kari

Thursday Sept 24th at 2:00 PM
Taste of Fall Social

Tuesday Sept. 29th at 2:00 PM
Live Music with No Big Deal