

## Weekly Activities at the Manor

### **Monday, September 12**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
2:00 Birthday Cake (Dining Rm.)  
2:15 Country Music with Darlene Sundin (Dining Rm.)



### **Tuesday, September 13**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:00 Bus Trip to The Mall (Front Entrance)  
2:15 Afternoon Snacks & Social Time (Dining Rm.)



### **Wednesday, September 14**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:00 Bingo with Jenni (Dining Rm.)  
2:15 Live Music with Dave Hodgeson & Snack Time (Dining Rm.)



### **Thursday, September 15**

#### **\*Activity Jenni Away**

9:15 Morning Coffee & Snacks (Dining Rm.)  
2:15 Snacks & Social Time (Dining Rm.)

### **Friday, September 16**

#### **\*Activity Jenni Away**

9:15 Morning Coffee & Snacks (Dining Rm.)  
1:15 Cribbage with Rae & Nan (Dining Rm.)  
2:15 Snacks & Social Time (Dining Rm.)



### **Saturday, September 17 - Happy Birthday Laura!**

9:15 Self Serve Snacks (Dining Rm.)  
2:15 Snacks with Jo & Nena (Dining Rm.)

### **Sunday, September 18**

9:15 & 2:15 Self Serve Snacks (Dining Rm.)

## The Manor Weekly Sept. 12 to Sept. 18, 2022



### September Birthdays

We will be celebrating our September Birthdays this Monday. Come and join us for a piece of cake in the afternoon at 2:00.

Happy Birthday this month to:

Laura Foster - Sept. 17th  
Jim Muir - Sept. 19th  
Beryl Smith - Sept. 27th



**Cake on Monday Sept. 12th  
2:00pm  
In the Dining Room**

### Country Music with Darlene

Fellow tenant Darlene Sundin is going to play a curated list of country music favourites for tenants to enjoy. She will be doing this on Monday following the birthday cake. Hope you can join us!

**Monday  
Sept. 12th  
2:15pm**



### Bus to the Mall

We are off to the Mall this Tuesday for shopping! Please sign-up on the 1st floor bulletin board if you would like to come.

**Tuesday Sept. 13th**



### Happy Birthday Laura!

A big Happy Birthday to Laura Foster on Saturday Sept. 17th!



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