

## Weekly Activities at The Manor

### **Monday February 9**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
2:00 February Birthday Cake & Recognitions (Dining Rm.)  
Sharing & Reminiscing Group to follow cake (Dining Rm.)



### **Tuesday February 10 - Happy Birthday Dorothy and Les!**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
12:45 Bus Trip to the Shopping Centre (Meet at Entrance)  
2:30 Self-Serve Afternoon Snacks (Dining Rm.)



### **Wednesday February 11**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Bingo with Annie (Dining Rm.)  
2:30 Afternoon Snacks & Social Time (Dining Rm.)  
3:00 Shuffleboard (2nd Floor)



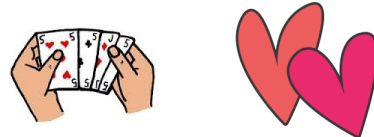
### **Thursday February 12**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Kindergarten Children Visiting (Dining Rm.)  
2:30 Afternoon Snacks & Social Time (Dining Rm.)



### **Friday February 13**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Cribbage with Rae & Nan (Dining Rm.)  
2:30 Valentine's Social (Dining Rm.)



*Happy Valentines Day*



### **Saturday February 14 - Happy Birthday Milly!**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)  
1:15 Bingo with Diane & Paul (Dining Rm.)  
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### **Sunday February 15**

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

## **The Manor Weekly**

Feb. 9 to Feb. 15, 2026



### **Happy Birthday!**

We are celebrating our February Birthdays on Monday afternoon!

Join us for cake and recognitions and a sharing / reminiscing group to follow.

Celebrating their Birthday this month is:

Mo Johnson - Feb. 2nd

Les AND Dorothy Koleszar - Feb. 10th

Milly Blair - Feb. 14th

Marguerite Smith - Feb. 23rd

Alice Dice - Feb. 26th

**Monday Feb. 9th  
2:00 PM**



### **Bus to Shopping Center**

Our bus will be taking folks over to the mall and shopping area on Tuesday. Please sign-up on the bulletin board if you would like to come.

Anyone attending this outing must be comfortable to shop and move about the mall independently.

### **Valentine Social**



In celebration of Valentine's Day, Jenni is hosting a social on Friday afternoon after cribbage.

Join us for a fun social where we will enjoy a few games, sweet treats and share the love of community and being together!

There will also be wine & chocolate

### **Kindergarten Children**

A small kindergarten class, of 8 children, are coming to visit on Thursday after lunch. The class is from the French School however the children do speak English.

Thursday marks the 100th day of school for the children so their teacher has asked them to dress up a person who is 100 years old. Hahahaha

The teacher was worried that we may be offended by this, but Jenni assured her that we would find it comical. We were all young once, right?

**Thurs. Feb. 12th  
1:15 PM**

