

Weekly Activities at The Manor

Monday August 12

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Armchair Travel to The Philippines (Dining Rm.)
- 2:30 Afternoon Snacks & Social Time (Dining Rm.)



Tuesday August 13

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Baking Group - Rhubarb Cake (Dining Rm.)
- 2:30 Afternoon Tea in the Garden (Dining Rm.)



Wednesday August 14

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Bingo with Jenni (Dining Rm.)
- 2:15 Afternoon Snacks & Music by Carolyn (Dining Rm.)



Thursday August 15

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30-3:30 Friends & Family Open-House (Courtyard)



Friday August 16

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class Outside (Courtyard)
- 1:15 Cribbage with Rae & Nan (Dining Rm.)
- 2:15 Tea & Talk in the Garden (Courtyard)



Saturday August 17

- 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
- 1:15 Bingo with Saskia (Dining Rm.)
- 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday August 18

- 9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Aug. 12 to Aug. 18, 2024



Family & Friends Open-House



We are having a Summer Open House for Friends and Family in the afternoon on Thursday.

Please feel free to invite friends or family to pop by for a visit in our courtyard. There will be refreshments, an ice cream stand, music and games.

Thursday Aug. 15th
1:30-3:30 - In the Courtyard

Gentle Reminder

A gentle reminder to tenants about timing of morning snacks.

Staff is scheduled specifically for assisting with the morning snack service which is offered for 45 minutes in the morning from 9:15 -10:00. After this time the snacks are put away and staff are on to other duties.

Please be sure to come down prior to 10:00 if you would like a morning snack. Thank you.

Armchair Travel to the Philippines



Jenni is leading another edition of Armchair Travel. This time we will be visiting The Philippines!

Join us to take a look at this amazing tropical island nation located in Asia.

We will learn together about the elements which make up life in this part of the world.

Hope you can join us!



Monday August 12th
1:30 PM
In the Dining Room Lounge

Baking Group



We are going to take advantage of the summer rhubarb this week at our baking group. We will be making a delicious rhubarb cake to enjoy and share at afternoon snack time.

Hope you can join us to bake or to taste test! **Tuesday at 1:30**