

Weekly Activities at The Manor

Monday June 29

9:15 Morning Coffee & Snacks (Dining Rm)
 10:00 Exercise Class (Dining Rm.)
 2:00 Canada Day Party (Dining Rm.)



Tuesday June 30

9:15 Morning Coffee & Snacks (Dining Rm)
 10:00 Exercise Class (Dining Rm.)
 2:00 Live Music with No Big Deal (Dining Rm.)
 *Afternoon Snacks served during the music



Wednesday July 1 - Canada Day Statutory Holiday

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
 1:15 Bingo with Annie (Dining Rm.)
 2:30 Self-Serve Afternoon Snacks (Dining Rm.)



Thursday July 2 - Happy Birthday Don Campbell!

9:15 Morning Coffee & Snacks (Dining Rm.)
 10:00 Exercise Class (Dining Rm.)
 1:30 Crafts with Jenni (Fireside Lounge)
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



Friday July 3

9:15 Morning Coffee & Snacks (Dining Rm.)
 10:00 Exercise Class (Dining Rm.)
 1:15 Cribbage with Rae & Nan (Dining Rm.)
 1:30 Colouring & Drawing (Fireside Lounge)
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday July 4

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
 1:15 Bingo with Darlene (Dining Rm.)
 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday July 5

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

June 29 to July 5, 2026



Canada Day Party

In celebration of Canada's birthday we are having a Canada themed party on Monday afternoon. Make sure you dress in Red & White!
 There will be games, songs and of course cake! We hope you can join us!

**Monday June 29th
 at 2:00 PM**



Live Music

Our monthly performance by local band *No Big Deal* is happening on Tuesday afternoon! Join us for an afternoon of music.

**Tuesday June 30th
 2:00 PM**



Office Closed Wednesday

The main office will be closed on Wednesday for the Statutory Holiday of Canada Day.

It will re-open on Thursday at 9:00 AM.

July Activity Update

Summer is here, and with it comes picnics, parties and vacations! Here is an update on all of those things.

Picnic at Willingdon Beach

Our bus is taking interested folks down to Willingdon Beach for a picnic under the Rotary pavilion on July 9th. Our kitchen will prepare our lunch and we will take it down and enjoy it at the beach.

Summer Party

Jenni & April are throwing a Hawaiian theme summer party on Wednesday July 22nd. There will be games and activities in the afternoon and then ending with a lovely dinner where you can choose to dine outside on our patio or in the dining room.

Vacations

Jenni has 2 separate weeks of vacation in July. She will be away July 10-19 and then again from July 27-Aug. 3rd. The activity calendar will be a little quiet during this time.