

Weekly Activities at the Manor

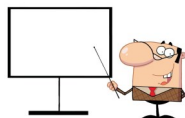
Monday, September 18

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Fall Themed Craft (Dining Rm.)
- 2:15 Afternoon Snacks (Dining Rm.)



Tuesday, September 19

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Group Games with Bob (Dining Rm. Lounge)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)



Wednesday, September 20

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:00 Bingo (Dining Rm.)
- 2:15 Afternoon Snacks & Music with Carolyn (Dining Rm.)



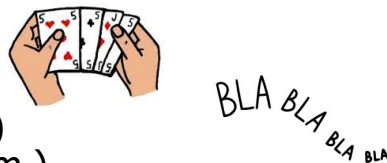
Thursday, September 21

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Baking Group - Fall Inspired Goodies (Dining Rm.)
- 2:15 A Taste of Fall & Music with Darlene (Dining Rm.)



Friday, September 22

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class Outside (Courtyard)
- 1:15 Cribbage with Rae & Nan (Dining Rm.)
- 1:15 Boardroom Banter (3rd Floor Board Room)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday, September 23

- 9:15 Self Serve Morning Coffee & Snacks (Dining Rm.)
- *No Bingo today
- 2:15 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday, September 24

- 9:15 & 2:15 Self Serve Snacks (Dining Rm.)
- 1:30 Sunday Afternoon Movie (Dining Rm. Lounge)



The Manor Weekly

Sept. 18 to Sept. 24, 2023



Third Floor Storage

We are doing a storage room clean-up in the third floor storage rooms. We have noticed there are a few lockers that have items stacked above the lockers. We are asking that no items be stacked outside of the lockers. If you currently have storage items outside of the lockers, please ask staff or family members to help you to move them. Thank you for your cooperation.

Menu Change

Traditionally, our menu has offered a Chinese style entree at dinner every second Wednesday. The kitchen is going to be incorporating these dishes into various days on the menu, rather than on a set day.

There will also be new entrees added to the dinner choices in the coming weeks. We hope you enjoy the changes.

Please feel free to give us your feedback!



Fall Themed Craft

Join Jenni on Monday after lunch to create a Fall themed craft. You will get to keep your creation when you are finished.

Monday September 18th
1:15 PM
Dining Room

A Taste of Fall

Come on down to the dining room on Thursday afternoon for snack time and enjoy a *Taste of Fall*. The baking group will be making some delicious goodies for you to sample. Jenni will also have some nice apple cider and pumpkin spice coffee for you to try.

Group Games with Bob

Bob Duggan will be here for group games in the dining room lounge on Tuesday after lunch. Everyone welcome!

Tuesday September 19th
1:30 PM
Dining Room Lounge