

## Weekly Activities at The Manor

### **Monday January 12**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:30 Bean Auction (Fireside Lounge)  
2:15 Afternoon Snacks & Social Time (Dining Rm.)



### **Tuesday January 13 - Happy Birthday Margherita!**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:00 Bus Trip for Shopping and Mall Outing (Entrance)  
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



### **Wednesday January 14**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Bingo with Annie (Dining Rm.)  
2:30 Sing-a-long with Carolyn & Afternoon Snacks (Dining Rm.)  
3:00 Shuffleboard (2nd Floor)



### **Thursday January 15**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:45 Birthday Cake & Recognitions (Dining Rm.)  
2:15 Group Games (Dining Rm.)



### **Friday January 16**

9:15 Morning Coffee & Snacks (Dining Rm.)  
10:00 Exercise Class (Dining Rm.)  
1:15 Cribbage with Rae & Nan (Dining Rm.)  
2:15 Afternoon Snacks & Social Time (Dining Rm.)



### **Saturday January 17**

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)  
1:15 Bingo with Diane & Paul (Dining Rm.)  
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### **Sunday January 18**

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)  
2:00 Monthly Church Service (Fireside Lounge)



# **The Manor Weekly**

**Jan. 12 to Jan. 18, 2026**



### **Bus Outing for Shopping**

The Kiwanis Bus will be taking residents to the shopping mall or plaza on Tuesday afternoon.

The bus will drop off at any entrance you prefer and will pick up at the same location that you were dropped off at. Shoppers will have about 75 minutes of shopping time.

Staff will NOT be accompanying shoppers so if you require assistance please arrange to have a friend, relative or co-resident help you while you are shopping.

Please sign-up on the bulletin board to reserve your seat on the bus.

**Tuesday Jan. 13th  
1:00 PM**



### **Monthly Church Service**

Bob Duggan and friends will be here for our monthly church service on Sunday. This is open to everyone and is a nice gathering which includes singing and scripture. **Sunday at 2:00 PM**

### **Bean Auction**

Monday afternoon join us for a fun Bean Auction! Each attendee will be given 50 dried beans which will be used as money to bid on items that are up for auction.

Items are things that have been donated. You never know what you might find coming up for auction!



**Monday Jan. 12th at 1:30 PM**

### **Happy Birthday!**

We are celebrating our January Birthdays this week! Join us for cake and recognitions on Thursday afternoon.

Happy Birthday this month goes to:

Margherita V. - Jan. 13th  
Peter D. - Jan. 20th  
Sandy C. - Jan. 22nd



Jenny McMaster will be here to help, so please join the two Jenny's for cake and some laughs. Followed up with group games.