

## Weekly Activities at The Manor

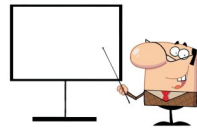
### Monday April 20

9:15 Morning Coffee & Snacks (Dining Rm)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Armchair Travel to Peru (Fireside Lounge)  
 \*Afternoon Snacks will be served during the Armchair Travel



### Tuesday April 21

9:15 Morning Coffee & Snacks (Dining Rm)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Group Trivia Games with Bob (Fireside Lounge)  
 2:30 Self-Serve Afternoon Snacks (Dining Rm.)



### Wednesday April 22

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:15 Bingo with Annie & Susan (Dining Rm.)  
 2:30 Afternoon Snacks & Social Time (Dining Rm.)



### Thursday April 23 - Happy Birthday Alice R!

9:15 Morning Coffee & Snacks (Dining Rm.)  
 10:00 Exercise Class (Dining Rm.)  
 1:30 Resident Meeting (Fireside Lounge)  
 2:30 Afternoon Snacks & Social Time (Dining Rm.)



### Friday April 24

9:15 Morning Coffee & Snacks (Dining Rm.)  
 1:15 Cribbage with Rae & Nan (Dining Rm.)  
 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### Saturday April 25

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm)  
 \*No Bingo today  
 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



### Sunday April 26

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)  
 2:00 Monthly Church Service with Bob & Friends (Fireside Lounge)  
 (was postponed last week)



# The Manor Weekly

## April 20 to April 26, 2026



### More Self-Serve Snacks

Due to Jenni beginning to lead Activities down at the Village building, the afternoon snacks will be set out as self-serve on some week days.

The back of the weekly newsletter will state if the snacks are self-serve for each day.

During self-serve, for sanitary reasons, please always use tongs when picking up snacks, and use a plate to get items and take them to your seat. Please do not eat directly from the trolley or counter. Thank you.

### 1st Floor Patios & Doors

A reminder to those residents living on the 1st floor, please ensure that your patio doors are kept locked. This is for your safety and the safety of the entire building.

Also a gentle reminder that guests are not to enter your suite from your patio, please ask all guests to come through the main entrance. Thank you.

### Elevator Maintenance

There will be elevator maintenance done on April 23rd between 7:00 AM - 2:00 PM. During this time, only one elevator will be in service.



### Armchair Travel to Peru

Join Jenni for an afternoon of armchair travel on Monday. We will be looking at the history, geography and culture of Peru in South America.

Hope you can join us!

**Monday at 1:30 PM**



### Resident Meeting

Our monthly resident meeting will be this Thursday after lunch.

These meetings provide an opportunity to hear about current events, to ask questions and share comments or concerns. The meeting is open to all residents. We hope you will join us.

**Thursday April 23rd at 1:30 PM**