

Weekly Activities at The Manor

Monday July 27 - No Activity Staff

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
2:15 Self-Serve Afternoon Snacks (Dining Rm.)

Tuesday July 28 - No Activity Staff

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
2:00 Live Music with No Big Deal (Dining Rm.)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Wednesday July 29

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Chair Yoga with April (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
1:15 Making Decorations for Lemonade Stand (Activity Rm.)
2:30 Afternoon Snacks (Dining Rm.)



Thursday July 30

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Chair Yoga with April (Dining Rm.)
1:15 Lemonade Stand with April (Outside on Sidewalk)
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



Friday July 31 - No Activity Staff

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Crib Group (Dining Rm.)
1:30 Self-Led Colouring & Drawing (Fireside Lounge)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Saturday August 1

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Darlene (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday August 2

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

July 27 to August 2, 2026



Lemonade Stand!



This week April is organizing a Lemonade stand! As a group, you will create signs for your stand on Wednesday and then on Thursday July 30th after lunch, you will set-up shop out near the sidewalk.

It's a busy spot out there with many workers and people coming and going, you are sure to catch a few thirsty folks! Be sure to let friends and family know to stop by!

Any money raised will go into our Activity and Special Projects kitty.



Chair Yoga with April

Wednesday and Thursday mornings this week April will lead Chair Yoga for you at our regular exercise time of 10:00 AM.

Come down and join her!

Live Music Tuesday

The band *No Big Deal* will be back on Tuesday afternoon to play for us! Come on down and enjoy an afternoon of live music.

Tuesday July 28th
2:00 PM
In the Dining Room



Save the Date

Our next large function will be the annual Farmer's Market! This will be happening on **Thursday August 20th** in the afternoon.

The Farmer's Market is a fun event and includes traditional farmer's market stalls with baking, preserves, fresh fruit and vegetables, crafts and hobby items. We will also have games, refreshment stalls and a line dance performance!

