

Weekly Activities at The Manor

Monday January 26

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
12:45 Bus and Shopping Trip (Meet at Entrance)
2:15 Self-Serve Snacks (Dining Rm.)



Tuesday January 27

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
2:00 Live Music with *No Big Deal* (Fireside Lounge)
*afternoon snacks will be served during the music



Wednesday January 28

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)
3:00 Shuffleboard (2nd Floor)



Thursday January 29

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Craft Group - Valentine theme (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Friday January 30

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday January 31

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Diane & Paul (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday February 1

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Jan. 26 to Feb. 1, 2026



In Loving Memory

The past couple of weeks have been heavy as we say goodbye to two of our beloved residents.

Jackie Durling left us on January 10th. Jackie was a beautiful soul with a sharp wit. She loved to socialize and spend time discussing current affairs, history or just about anything. An active member of her community with many friends and connections. Being a retired nurse Jackie was always very grateful for the care she received. Our thoughts are with her family and all who knew and loved her. She will be dearly missed.

Anna Brisotto left us on January 18th. Anna was a kind and loving soul. A long time resident of Powell River but never forgot her roots in Italy. Her family and her Italian community were her purpose and joy. Anna loved to laugh and share stories of days gone by. She will be dearly missed and our thoughts are with her family and all who knew and loved her.

Bus Outing

Our bus will be taking people out for a shopping or browsing trip on Monday after lunch.

The bus can drop off and pick up in any location you wish within the shopping area.

Please sign-up on the bulletin board to reserve your seat.

**Monday Jan. 26th
at 12:45 PM
Meet at Entrance**



Live Music Tuesday

The band is back! *No Big Deal* is back to play for us on Tuesday afternoon. Come down and enjoy the live music.

**Tuesday Jan. 27th
2:00 PM**



Valentine Crafts

Join us for a fun Valentine themed craft on Thursday afternoon.

**Thursday Jan. 29th
1:30 PM**

