Kiwanis Garden Manor Weekly Menu						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May 5	May 6	May 7	May 8	May 9	May 10	May 11
Morning Coffee & Snack @ 9:15 am: Yogurt, Muffins and Fruit						
LUNCH @ Noon						
Cream of Bacon &	Cream of Chicken	Cream of Tomato	Mother's Day	Potato Leek	Navy Bean	BRUNCH
Potato	*	*	High Tea Lunch	*	*	Fresh Fruit, Porridge,
*	Vegetable	Split Pea		Garden Vegetable	Lemon Chicken Soup	Bacon, Sausage,
Lasagne Soup			Tea Sandwiches			Scrambled Eggs, Hash
	Egg Salad Sandwich	Grilled Cheese	Mini Quiche	Fried Egg & Tomato	Devilled Ham	Browns and Toast.
Turkey Sandwich	*	Sandwich	Antipasto Skewers	Sandwich	Sandwich	
*	Ham & Cheese	*	Cucumber Canapes	*	*	Feature:
Mushroom Omelette	Sandwich	Fruit, Yogurt & Soda		Tuna Sandwich	Chef Salad	Poached Eggs
		Bread	Assorted Desserts			
Afternoon Tea & Snack @ 2:15 pm: Cookies and Fresh Fruit						
DINNER @ 5:00 pm						
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Orange & Melon Salad	Creamy Cucumber Salad	Watermelon Salad	Tomato & Avocado	Pasta Salad	Coleslaw	Caesar Salad
Stuffed Sole	Poached Cod	Beef Stew with	Teriyaki Chicken	Almond Sole (fish)	Veal Cutlets & Gravy	Sunday Roast Dinner
*	*	Dumplings	*	*	*	
Bratwurst with	Chicken Cordon Blue	*	Breaded Pork Cutlet	Grilled Ham Steak	Turkey Tetrazzini	Roast Beef &
Onions	Casserole	Salmon Florentine			(cream sauce & pasta)	Yorkshire Pudding
Mashed Sweet Potato	Roasted Potato	Scallop Potato	Fried Rice	Nugget Potato	Mashed Potato	Mashed Potato
Roasted Root Veg.	Roasted Zucchini	Red Cabbage	Asparagus	Carrots	Corn	Peas
	Carrots	Peas	Cauliflower	Broccoli	Baby Beets	Carrots
Ice Cream Sandwich	Vanilla Pudding & Fresh Fruit	Danish Pastry	Chocolate Brownie	Raspberry Pudding	Banana Split	Blueberry Pie
ALTERNATE CHOICES: A limited menu is also available consisting of: poached, scrambled eggs or cheese omelette, fruit with yogurt or BEVERAGE CHOICES: Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice, or apple kitchen staff if you have any dietary restrictions						

or requests.

juice.

sandwich with available filling.