

Kiwaniis Garden Manor Weekly Menu						
Monday November 2	Tuesday November 3	Wednesday November 4	Thursday November 5	Friday November 6	Saturday November 7	Sunday November 8
Morning Coffee & Snack @ 9:15 am: Yogurt, Muffins and Fruit						
LUNCH @ Noon						
Cream of Bacon & Potato * Cock-A-Leeky Soup ---- Turkey Sandwich * Mushroom Omelette	Cream of Chicken * Vegetable ----- Egg Salad Sandwich * Ham & Cheese Sandwich	Cream of Tomato * Split Pea ----- Grilled Cheese Sandwich * Fruit, Yogurt & Soda Bread	Corn Chowder * Beef Barley ----- Chicken Salad Sandwich * Veggie Sandwich	Potato Leek * Garden Vegetable ----- Fried Egg & Tomato Sandwich * Tuna Sandwich	Navy Bean * Lemon Chicken Soup ----- Devilled Ham Sandwich * Chef Salad	B R U N C H Fresh Fruit, Porridge, Bacon, Sausage, Scrambled Eggs, Hash Browns and Toast. ---- Feature: Poached Eggs
Afternoon Tea & Snack @ 2:15 pm: Cookies and Fresh Fruit						
DINNER @ 5:00 pm						
Green Salad Orange & Melon Salad	Green Salad Creamy Cucumber	Green Salad Watermelon Salad	Green Salad Tomato & Avocado	Green Salad Pasta Salad	Green Salad Coleslaw	Green Salad Caesar Salad
Chicken Stew * Bratwurst with Onions	Poached Cod * Beef Stew with Dumplings	Chicken Cordon Blue Casserole * Salmon Florentine	Teriyaki Chicken * Breaded Pork Cutlet	Almond Sole (fish) * Grilled Ham Steak	Veal Cutlets & Gravy * Turkey Tetrazzini (pasta with cream sauce)	Sunday Roast Dinner Beef Pot Roast
Mashed Potatoes	Roasted Potatoes	Baked Potato	Fried Rice	Nugget Potatoes	Mashed Potatoes	Mashed Potatoes
Roasted Root Veggies	Roasted Zucchini	Sauteed Eggplant	Asparagus	Carrots	Corn	Peas
	Carrots	Peas	Cauliflower	Broccoli	Baby Beets	Carrots
Ice Cream Sandwich	Vanilla Pudding & Fruit	Danish Pastry	Brownie	Raspberry Pudding	Banana Split	Blueberry Pie
ALTERNATE CHOICES: A limited menu is also available consisting of: poached, scrambled eggs or cheese omelette, fruit with yogurt or sandwich with available filling.			BEVERAGE CHOICES: Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice, or apple juice.		DIETARY RESTRICTIONS: Please discuss with kitchen staff if you have any dietary restrictions or requests.	