

Kiwaniis Garden Manor Weekly Menu

Monday March 30	Tuesday March 31	Wednesday April 1	Thursday April 2	Friday April 3	Saturday April 4	Sunday April 5
Morning Coffee & Snack @ 9:15 am: Yogurt, Muffins and Fruit						
LUNCH @ Noon						
Cream of Squash * Chicken Rice ----- Ham & Pineapple Pizza * Roast Beef Sandwich	Thai Chicken & Rice * Cabbage Roll Soup ----- Sausage Rolls * Tuna Sandwich	Mulligatawny * Mini Meatball ----- Egg Salad Sandwich * Clubhouse Croissant Sandwich	<u>Easter Lunch</u> Cream of Sweet Potato * Navy Bean ----- Ham & Cheese Sandwich on Foccacia * Spinach & Feta Quiche	Cream of Spinach * Chinese Noodle ----- Southwest Chicken Wrap * Salmon Sandwich	Split Pea * Beef Noodle ----- Turkey Sandwich * Shrimp Ceasar Salad	B R U N C H Fresh Fruit, Porridge, Bacon, Sausage, Scrambled Eggs, Hash Browns and Toast. ---- Feature: Blueberry Pancakes
Afternoon Tea & Snack @ 2:15 pm: Cookies and Fresh Fruit						
DINNER @ 5:00 pm						
Green Salad Pasta Salad	Green Salad Butternut Squash Salad	Green Salad Thai Cucumber Salad	Green Salad Corn & Black Bean Salad	Green Salad Broccoli Salad	Green Salad Spinach & Strawberry	Green Salad Caesar Salad
Turkey Noodle Casserole * Irish Stew	BBQ Pork Shank * Pot Stickers	Teriyaki Chicken * Coconut Curry Prawns	Pork Chops * Meatloaf	Cod with Lemon Butter Sauce * Philly Cheese Steak	Swiss Steak * Pesto Fettuccini	<u>Easter Dinner</u> Glazed Ham
No extra starch	Roasted Potatoes	Rice	Mashed Sweet Potato	Nugget Potatoes	Steamed Potatoes	Scalloped Potatoes
Mushrooms	Parsnips	Stir Fry Vegetables	Brussel Sprouts	Carrots	Broccoli	Asparagus
Stewed Tomatoes	Spaghetti Squash		Cauliflower	Zucchini	Baby Beets	Glazed Carrots
Sherbert	Fruit Cocktail	Cherry Jello	New York Cheesecake	Brownie	Strawberry Shortcake	Carrot Cake
ALTERNATE CHOICES: A limited menu is also available consisting of: poached, scrambled eggs or cheese omelette, fruit with yogurt or sandwich with available filling.			BEVERAGE CHOICES: Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice or apple juice.		DIETARY RESTRICTIONS: Please discuss with kitchen staff if you have any dietary restrictions or requests.	