

Weekly Activities at The Manor

Monday August 17

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
1:30 Group Word Games with Jenni (Dining Rm)
2:15 Music Requests & Snack Time (Dining Rm.)



Tuesday August 18

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
12:45 Bus to Shopping Area (Meet at Entrance)
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



Wednesday August 19

9:15 Morning Coffee & Snacks (Dining Rm)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



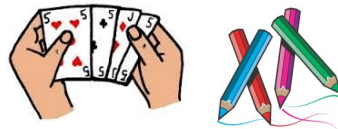
Thursday August 20

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:00 Farmers' Market Event (Courtyard)



Friday August 21

9:15 Morning Coffee & Snacks (Dining Rm.)
1:15 Cribbage with Rae & Nan (Dining Rm.)
1:30 Self-Led Colouring & Drawing (Fireside Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Saturday August 22

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Phil & Kathy (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday August 23

9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

Aug. 17 to Aug. 23, 2026



Annual Farmer's Market

We hope you will join us for our annual Farmers' Market on Thursday afternoon. It starts at 1:00 PM in the courtyard. Guests are welcome!

Event Schedule:

1:00 Game and Product Booths open

1:30 'Just Go Girls' Line Dance Performance

2:00 Pie Tasting and refreshments

2:30 Door Prize & 50/50 Ticket Draw

All items at the booths will be for sale and all money raised will go into our Special Projects fund. The pie tasting and refreshments will be free for everyone attending.



Bus to Shopping Area

Our bus will be going over to the Town Centre Mall shopping area. If you would like to come please sign-up on Tuesday morning on the bulletin board.

Please note that you must be comfortable shopping independently or arrange to have a friend or family member meet you there.

The bus loads at 12:45 at the front entrance and we pick you up at the mall to return at 2:30 PM.



Group Games with Jenni

Join us on Monday afternoon for some fun group word games. We will follow that up with music requests during snack and social time.

**Monday August 17th
1:30 PM in the Fireside Lounge**