

### Kiwaniis Garden Manor Weekly Menu

Monday May 23	Tuesday May 24	Wednesday May 25	Thursday May 26	Friday May 27	Saturday May 28	Sunday May 29
<b>Morning Coffee &amp; Snack @ 9:15 am:</b> Yogurt, Muffins and Fruit						
<b>LUNCH @ Noon</b>						
Cream of Tomato * Vegetable Rice ----- Turkey Sandwich * BLT Sandwich	Cream of Celery * Beef Vegetable ----- Ham Sandwich * Corned Beef on Rye Sandwich	Clam Chowder * Tortilla ----- Roast Beef Sandwich * Bacon & Tomato Quiche	Cream of Carrot * Turkey Noodle ----- Tuna Sandwich * Chicken & Avocado Croissant Sandwich	Cream of Broccoli * Scotch Broth ----- Farmers Omelette * Chicken Salad Sandwich	Cream of Asparagus * French Onion ----- Egg Salad Sandwich * Fruit & cottage Cheese with a Scone	B R U N C H Fresh Fruit, Porridge, Bacon, Sausage, Scrambled Eggs, Hash Brown and Toast. ----- Strawberry Waffles *
<b>Afternoon Tea &amp; Snack @ 2:15 pm:</b> Cookies and Fresh Fruit						
<b>DINNER @ 5:00 pm</b>						
Green Salad Carrot & Raisin Salad	Green Salad Greek Salad	Green Salad Spring Rolls	Green Salad Waldorf Salad	Green Salad Spinach Salad	Green Salad Ambrosia Salad	Green Salad Caesar Salad
Rosemary Chicken * Beef Stroganoff	Chili Con Carne * Baked Salmon	Sweet & Sour Pork * Lemon Chicken	Vegetarian Pizza * Sautéed Prawns	Fish & Chips * Veggie Burger with Raw Onions & Pickles	Spaghetti * Pork Cutlet	<b>Sunday Roast Dinner</b>  Roast Chicken
Egg Noodles	Roasted Potato	Rice	Steamed Potatoes	Fries	Mashed Potato	Mashed Potato
Roasted Root	Broccoli	Bok Choy	Green Beans	Baby Carrots	Roasted Zucchini	Peas
Vegetables	Cauliflower	Butternut Squash	Creamed Corn	Rutabaga	Sautéed Mushrooms	Carrots
Rice Pudding	Strawberry Shortcake	Baked Apples	Ice Cream Sundaes	Peach Cobbler	Tapioca Pudding	Pumpkin Pie
<b>ALTERNATE CHOICES:</b> A limited menu is also available consisting of eggs & toast, cheese omelette, fruit with yogurt or sandwich with available filling.		<b>BEVERAGE CHOICES:</b> Tea, coffee (regular & decaf), hot chocolate, milk, orange juice, cranberry juice or apple juice.		<b>DIETARY RESTRICTIONS:</b> Please discuss with kitchen staff if you have any dietary restrictions or requests.		