
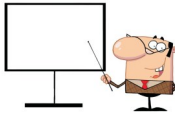










<u>Weekly Activities at The Manor</u>	
Monday February 16 - Family Day Statutory Holiday 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.) 1:15 Bingo with Darlene (Dining Rm.) 2:30 Self-Serve Afternoon Snacks (Dining Rm.)	
Tuesday February 17 - Chinese New Year! 9:15 Morning Coffee & Snacks (Dining Rm.) 10:00 Exercise Class (Dining Rm.) 1:30 Group Games with Bob (Fireside Lounge) 2:15 Afternoon Snacks (Dining Rm.) 2:15 Armchair Travel to China (Fireside Lounge)	 
Wednesday February 18 9:15 Morning Coffee & Snacks (Dining Rm.) 10:00 Exercise Class (Dining Rm.) 2:00 Sing-a-long with Trish & Kari (Dining Rm.) 3:00 Shuffleboard (2nd Floor)	 
Thursday February 19 9:15 Morning Coffee & Snacks (Dining Rm.) 10:00 Exercise Class (Dining Rm.) 1:30 Monthly Resident Meeting (Fireside Lounge) 2:15 Afternoon Snacks & Social Time (Dining Rm.)	
Friday February 20 9:15 Morning Coffee & Snacks (Dining Rm.) 10:00 Exercise Class (Dining Rm.) 1:15 Cribbage with Rae & Nan (Dining Rm.) 2:15 Afternoon Snacks & Social Time (Dining Rm.)	
Saturday February 21 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.) 1:15 Bingo with Annie (Dining Rm.) 2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)	 
Sunday February 22 9:15 & 2:30 Self-Serve Coffee & Snacks (Dining Rm.) 2:00 Monthly Church Service with Bob & Friends (Fireside Lounge)	

<h1>The Manor Weekly</h1> <p>Feb. 16 to Feb. 22, 2026</p>		
<u>REMINDER NOTICE</u> <p>Please remember to file your 2025 income taxes by April 30, 2026.</p> <p>To be eligible for a publicly subsidized monthly rate, you must file a tax return every year.</p> <p>Your monthly rate is re-calculated annually using information from your Notice of Assessment. Clients who do not provide VCH with a 2025 Notice of Assessment by December 31, 2026, will be charged the maximum monthly rate effective January 1, 2027. If you need assistance, please talk to the Business Manager at your Assisted Living home or VCH Case Manager as soon as possible. There are agencies and organizations that can help to file tax returns.</p>	<u>Sing-a-long with Trish & Kari</u> <p>Our fabulous musical duo Trish & Kari will be back for another sing-a-long this Wednesday.</p> <p>They sing and play guitar to all the old favourites. Come to sing or just to listen.</p> <p>Wednesday Feb. 18th 2:00 PM</p>	
<u>Group Games with Bob</u> <p>Bob Duggan will be here on Tuesday for group trivia games. Come to play or just to watch.</p> <p>Tuesday at 1:30 PM</p>	<u>Resident Meeting</u> <p>Our monthly resident meeting will be on Thursday after lunch. These meetings are for all residents and provide an opportunity to discuss current events, to ask questions, to share comments and concerns.</p> <p>Please join us in the Fireside lounge at 1:30 PM.</p> 	
	<u>Chinese New Year!</u> <p>We are celebrating Chinese New Year on Tuesday with Armchair Travel in the afternoon and a delicious Chinese food dinner!</p>	