

Weekly Activities at the Manor

Monday September 21

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
2:00 Sing-a-long with Trish & Kari (Fireside Lounge)
2:15 Self-Serve Snacks available (Dining Rm.)



Tuesday September 22

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Fall Themed Craft with Jenni (Fireside Lounge)
2:15 Afternoon Snacks & Social Time (Dining Rm.)



Wednesday September 23

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Susan (Dining Rm.)
2:30 Afternoon Snacks with Music Requests (Fireside Lounge)



Thursday September 24

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
2:00 *A Taste of Fall* Social (Dining Rm.)
*Afternoon snack service will be during the social



Friday September 25 - Happy Birthday Denise!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage Group (Dining Rm.)
1:15 Shuffleboard with Jenni (2nd Floor Library)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Saturday September 26

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Don (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday September 27

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

SEPTEMBER 21 TO SEPTEMBER 27, 2026

Sing-a-long with Trish & Kari

Trish Windsor & Kari Pino are back after their summer break, to lead a lively group sing-a-long. They lead the group in singing along to familiar songs and if needed there are song books to refer to.

We hope you will come and enjoy this inclusive live music session!



Fall Themed Craft

As we welcome in Fall this week, Jenni is leading a craft that is Autumn inspired. Join us for this fun and crafty project!



A Taste of Fall Social

The first day of Fall is on Tuesday. We are going to celebrate the season shift with a social highlighting some of the wonderful tastes and smells of the bountiful harvest season.

Join us for this group gathering to enjoy some wonderful Autumn inspired treats, preserves and beverages.



Shuffleboard on Friday

This Friday Jenni will lead a few fun rounds of Shuffleboard! Join us in the 2nd floor library if you would like to play, or come just to watch!

