

Weekly Activities at the Manor

Monday November 2

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Chair Line Dancing with Gina (Fireside Lounge)
2:15 Trivia Quiz & Afternoon Snacks (Dining Rm.)



TRIVIA

Tuesday November 3 - Happy Birthday Debbie!

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30 Baking Christmas Fruit Cakes (Dining Rm.)
2:30 Afternoon Snacks & Social Time (Dining Rm.)



Wednesday November 4

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Bingo with Annie (Dining Rm.)
2:30 Self-Serve Afternoon Snacks (Dining Rm.)



Thursday November 5

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:30-3:00 Music Requests on the Big Screen (Fireside Lounge)
2:15 Self-Serve Afternoon Snacks (Dining Rm.)



Friday November 6

9:15 Morning Coffee & Snacks (Dining Rm.)
10:00 Exercise Class (Dining Rm.)
1:15 Cribbage Group (Dining Rm.)
1:15 Shuffleboard with Jenni (2nd Floor Library)
2:15 Self-Serve Afternoon Snacks & Social Time (Dining Rm.)



Saturday November 7

9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
1:15 Bingo with Don (Dining Rm.)
2:30 Afternoon Snacks with Jo & Nena (Dining Rm.)



Sunday November 8

9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

The Manor Weekly

NOVEMBER 2 TO NOVEMBER 8, 2026

Coming Up In November...

Here are a few dates for you to make note of for activities happening in November.

Tuesday Nov. 10th - Ceremony of Remembrance beginning at 10:00 AM.

Thursday Nov. 12th - Birthday Party for November Birthdays beginning at 2:00 PM.

Monday Nov. 16th - Resident Meeting beginning at 1:30 PM.

Tuesday Nov. 17th - Bus Trip to the Shopping Mall at 12:45 PM.

Thursday Nov. 19th - Ears to You Hearing Presentation beginning at 2:00 PM.

These activities will be outlined in more depth in the Weekly Newsletter. Just giving you some notice if you need to make special arrangements to attend.



Chair Line Dancing.

Our fabulous volunteer Gina (from Friday Crib) is coming to teach us some country line dancing...all done in a chair!

She will lead us through arm and leg movements done to country music. This will be a lot of fun and we hope you will come and give it a try!

**Monday Nov. 2nd
1:30 PM in the Dining Room**

Baking Christmas Cakes

We are going to kick off our holiday baking with fruit cakes so they have lots of time to sit and soak up the delicious flavours. We will make both a dark and light fruit cake.

Tuesday at 1:30 PM

Music on the Big Screen

On Thursday Jenni will be taking your music requests and playing the songs along with a video on our Big Screen TV in the lounge. Come and enjoy some old time favourites!