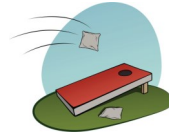


## Weekly Activities at The Manor

### **Monday May 13**

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:30 Bean Bag Toss (Dining Rm. Lounge)
- 2:15 Afternoon Snacks & Trivia (Dining Rm.)



TRIVIA

### **Tuesday May 14**

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 12:45 Bus to the Mall (Meet at Entrance)
- 2:30 Afternoon Snacks & Social Time (Dining Rm.)



### **Wednesday May 15**

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Bingo! (Dining Rm.)
- 2:15 Sing-a-long Snack Time by Carolyn (Dining Rm.)



### **Thursday May 16 - Happy Birthday Patti!**

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Art Group (Dining Rm.)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### **Friday May 17**

- 9:15 Morning Coffee & Snacks (Dining Rm.)
- 10:00 Exercise Class (Dining Rm.)
- 1:15 Cribbage with Rae & Nan (Dining Rm.)
- 2:15 Afternoon Snacks & Social Time (Dining Rm.)



### **Saturday May 18**

- 9:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)
- 1:15 Bingo with Saskia (Dining Rm.)
- 2:15 Self-Serve Morning Coffee & Snacks (Dining Rm.)



### **Sunday May 19**

- 9:15 & 2:15 Self-Serve Coffee & Snacks (Dining Rm.)

# The Manor Weekly

May 13 to May 19, 2024



## Mealtime Beverages

There have been requests from staff for a clarification on the beverage choices during mealtimes.

During served mealtimes in the dining room the menu of beverages available are: juices, milk, tea, coffee, hot chocolate and water.

During afternoon snack times there are soft drinks such as gingerale, rootbeer and diet pepsi available. These are not available outside of afternoon snack time.

Beer (regular or dealcoholized), wine and other spirits are only available as part of a planned activity or special event.

If tenants would like to have wine, beer or a specific beverage that is not offered during mealtimes or social times, they are welcome to bring these drinks into the dining room to enjoy.



## Garden Additions

We would like to extend a heart felt thank you to a few individuals for some wonderful additions to our garden spaces.

A warm thank you to Donna Mowbray for her generous donation of three beautiful concrete garden statues. You can find one near our front entrance and two located in the courtyard.

Also a warm thank you to Leslie and Roberto Dizazzo for the beautiful Lilac which was planted as a memorial for Leslie's mother, Beryl Hooper, who lived at the Manor for many years. Leslie & Roberto also donated the beautiful painting above the fireplace mantle in the dining room.

thank  
you!

## Shopping Trip

The Kiwanis Bus will be taking tenants to the mall for shopping this Tuesday!

**Tuesday May 14th @ 12:45**